# Sandwich Snacks : DT : Year 3

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| **Lesson 1**       | To learn that food can be divided into different groups and that sandwiches can form part of a healthy diet. | • Do children know that food can be divided into different groups?  
• Can children name the different food groups and describe their purpose?  
• Do children know that people have different preferences? | • Slides  
• Worksheet 1A/1B/1C  
• Squared paper  
• Permission slip for next lesson |
| **Lesson 2**       | To taste a variety of different breads and sandwiches and examine flavours and textures. | • Do children know that there are a variety of different sandwiches?  
• Can children taste and describe different foods?  
• Do children know that different combinations of ingredients affect the taste and texture of the product? | • Slides  
• Variety of breads and sandwiches  
• Paper plates/cups  
• Water  
• Worksheet 2A/2B  
• Boxes, paper, pens (FSD? activity only) |
| **Lesson 3**       | To design and plan a sandwich for a particular purpose. | • Can children choose a purpose for their sandwich design?  
• Can children describe each step in the process of making their sandwich?  
• Can children design a healthy sandwich? | • Slides  
• Worksheet 3A/3B/3C/3D |
| **Lesson 4**       | To be able to create a healthy sandwich. | • Do children know how to work safely and appropriately with food?  
• Can children follow their designs to create a sandwich?  
• Can children present their sandwich in an appealing way? | • Slides  
• Sandwich designs from Lesson 3  
• Chopping boards, knives, graters, spreaders  
• Paper plates  
• Table coverings if appropriate  
• Aprons  
• Sandwich ingredients |
| **Lesson 5**       | To be able to evaluate a finished product. | • Can children evaluate their work fairly and constructively?  
• Can children suggest improvements to their design?  
• Can children incorporate new design features based on their experience of the product? | • Slides  
• Worksheet 5A/5B/5C  
• End of Unit Quiz |

NB: ‘FSD? Activity only’ refers to the alternative ‘Fancy Something Different…?’ activity within the lesson plan

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